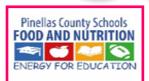
2024 High School Lunch Menu



2024 National School Lunch Week October 14-18



FRUITS AND **VEGGIES!**

Daily Lunch Choices Choose 1:

Meat / Meatless Entrée, Entrée Salads, Cold Sandwiches

Must Choose at least 1:

Hot & Cold Vegetables Variety of Fruits & Juices (may choose up to 2 servings each of fruits & veggies with their meal)

May Choose 1 Milk:

Low Fat White, Fat Free Chocolate, Fat Free Strawberry or Fat Free Skim

Monday

For Menu & Nutrition

Information or to download

the app on your device

Visit MealViewer.com

MealViewer

Choose One:

Grilled Cheese Sandwich

Cherry Blossom Chicken w/ Lo

Mein & Fortune Cookie

PBJ Uncrustable Kit

Choose:

Tomato Soup

Farmstand Veggie Dippers

Choose One MaxSnax Cheese Quesadilla Chicken Cheese Quesadilla

Tuesday

Meat Lovers Stromboli Chicken Caesar Salad Any Timers Cheese Pizza Choose: Green Beans Marinara Sauce Cup● Salsa Cup Sliced Cucumber Side Salad

Choose One: Max Snax Quesadilla Meat Lovers Stromboli Crispy Chicken Wrap Any Timers Cheese Pizza

8

Choose: Santa Fe Black Beans Marinara Sauce Cup

Salsa Cup Sliced Cucumber Side Salad

Choose One: Cheesy Bread Popcorn Chicken Bowl w/ Biscuit

Wednesday

Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit Choose: Corn Niblets Mashed Potato & Gravy Marinara Sauce Cup

Choose One: Terivaki Beef Dippers w/ Rice & Fortune Cookie Corn Dog Fry Basket w/ Cheez-It's Crackers

Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit Choose: Crinkle Crispy Fries House Mixed Side Salad

Choose One: Pizza Variety Chicken & Veg Dumplings w/ Chicken Stir-Fried Rice Chicken Caesar Wrap

Thursdav

Any Timers Turkey & Cheese Choose: Broccoli Florets Romaine Side Salad

10 **Choose One:** Pizza Variety **Breaded Chicken Drumstick** w/ Macaroni & Cheese & **Cheetos Baked Snacks** Apple A Day Salad Plate Chicken Caesar Wrap Any Timers Turkey & Cheese Choose: Green Beans Romaine Side Salad

Choose One: Hamburger on a Bun Cheeseburger on a Bun **Baja Fish Soft Tacos** Fruit & Yogurt Plate PBJ Uncrustable Kit Choose: Country Baked Beans

Carrot Dippers Side Salad

Friday

Choose One: Chicken Penne Alfredo w/ **Garlic Bread Crunchy Breaded** Alaskan Fish Sandwich Fruit & Yogurt Plate PBJ Uncrustable Kit **Choose:** Broccoli Florets Carrot Dippers Side Salad

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Choose One: Dill Chicken Nuggets & Cheez-Its

14

Pasta and Meatsauce w/ Garlic **Bread**

Yogurt, Fruit, & Granola Parfait PBJ Uncrustable Kit

Choose One:

Sweet Potato Fries Farmstand Veggie Dippers

21 Choose One: Grilled Cheese **Grilled Ham & Cheese** Cherry Blossom Chicken w/ Lo Mein & Fortune Cookie

Apple A Day Salad Plate PBJ Uncrustable Kit Choose: Tomato Soup Farmstand Veggie Dippers

28 **Choose One:** Chicken Tenders & Waffles Cheese Pizza Crunchers Chicken BLT Salad PBJ Uncrustable Kit

> Choose: Corn Niblets Farmstand Veggie Dippers

Choose One: Beef or Pork Tacos Mini Cheese Calzones

Chicken Caesar Salad Any Timers Cheese Pizza Choose: Refried Fiesta Beans Marinara Sauce Cup

NEW Triple Berry Blast Veg Juice Students May Only Choose One Juice **Either Triple Berry or Tropical Fruit**

Choose One: Tangerine Chicken w/ Rice & Fortune Cookie Macaroni & Cheese w/ Roll

Apple A Day Salad Plate PBJ Uncrustable Kit Choose:

Broccoli Florets House Mixed Side Salad

Choose One: Pizza Variety Crispy Chicken Sandwich Spicy Chicken sandwich Chicken BLT Salad Any Timers Turkey & Cheese

Choose: Deli Roasted Potato Romaine Side Salad

Choose One: Brunch for Lunch Alaskan Fish Sticks & Tater Tots Basket w/ **Goldfish Pretzels** Fruit & Yogurt Plate PBJ Uncrustable Kit

Choose: Crispy Tator Tots Carrot Dippers Side Salad Rice Krispies Mini Square

Choose One 23 MaxSnax Cheese Quesadilla Chicken Cheese Quesadilla **Meat Lovers Stromboli** Chicken Caesar Salad

Any Timers Cheese Pizza Choose: Green Beans Marinara Sauce Cup● Salsa Cup Sliced Cucumber Side Salad

Choose One: **Cheesy Bread** Popcorn Chicken Bowl w/ Biscuit

Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit Choose: Corn Niblets Mashed Potato & Gravy Marinara Sauce Cup

Choose One: Pizza Variety Chicken & Veg Dumplings w/ Chicken Stir-Fried Rice Chicken Caesar Wrap Any Timers Turkey & Cheese

> Choose: Broccoli Florets Romaine Side Salad

Choose One: Hamburger on a Bun Cheeseburger on a Bun **Baja Fish Soft Tacos** Fruit & Yogurt Plate PBJ Uncrustable Kit Choose:

Country Baked Beans Carrot Dippers Side Salad

29 Choose One: **Cheese Max Sticks BBQ Pork & Cheese Nachos**

Crispy Chicken Wrap Any Timers Cheese Pizza Choose:

Santa Fe Black Beans Marinara Sauce Cup

Salsa Cup Sliced Cucumber Side Salad

30 **Choose One:** Teriyaki Beef Dippers w/ Rice & **Fortune Cookie** Corn Dog Fry Basket w/ Cheez-It's Crackers Yogurt, Fruit & Granola Parfait

PBJ Uncrustable Kit Choose:

Crinkle Crispy Fries House Mixed Side Salad 31 **Choose One:** Pizza Variety **Breaded Chicken Drumstick** w/ Macaroni & Cheese & **Cheetos Baked Snacks** Apple A Day Salad Plate Chicken Caesar Wrap

Any Timers Turkey & Cheese Choose: Green Beans Romaine Side Salad



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