

October 2024 High School Lunch Menu



2024 National School Lunch Week
October 14–18



Daily Lunch Choices

Choose 1:

Meat / Meatless Entrée,
Entrée Salads,
Cold Sandwiches

Must Choose at least 1:

Hot & Cold Vegetables
Variety of Fruits & Juices
(may choose up to 2
servings each of fruits &
veggies with their meal)

May Choose 1 Milk:

Low Fat White,
Fat Free Chocolate,
Fat Free Strawberry or
Fat Free Skim

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For Menu & Nutrition Information or to download the app on your device Visit MealViewer.com</p> <p>MealViewer</p>	<p>1 Choose One: MaxSnax Cheese Quesadilla Chicken Cheese Quesadilla Meat Lovers Stromboli Chicken Caesar Salad Any Timers Cheese Pizza Choose: Green Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p>2 Choose One: Cheesy Bread Popcorn Chicken Bowl w/ Biscuit Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit Choose: Corn Niblets Mashed Potato & Gravy Marinara Sauce Cup</p>	<p>3 Choose One: Pizza Variety Chicken & Veg Dumplings w/ Chicken Stir-Fried Rice Chicken Caesar Wrap Any Timers Turkey & Cheese Choose: Broccoli Florets Romaine Side Salad</p>	<p>4 Choose One: Hamburger on a Bun Cheeseburger on a Bun Baja Fish Soft Tacos Fruit & Yogurt Plate PBJ Uncrustable Kit Choose: Country Baked Beans Carrot Dippers Side Salad</p>
<p>7 Choose One: Grilled Cheese Sandwich Cherry Blossom Chicken w/ Lo Mein & Fortune Cookie PBJ Uncrustable Kit Choose: Tomato Soup Farmstand Veggie Dippers</p>	<p>8 Choose One: Max Snax Quesadilla Meat Lovers Stromboli Crispy Chicken Wrap Any Timers Cheese Pizza Choose: Santa Fe Black Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p>9 Choose One: Teriyaki Beef Dippers w/ Rice & Fortune Cookie Corn Dog Fry Basket w/ Cheez-It's Crackers Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit Choose: Crinkle Crispy Fries House Mixed Side Salad</p>	<p>10 Choose One: Pizza Variety Breaded Chicken Drumstick w/ Macaroni & Cheese & Cheetos Baked Snacks Apple A Day Salad Plate Chicken Caesar Wrap Any Timers Turkey & Cheese Choose: Green Beans Romaine Side Salad</p>	<p>11 Choose One: Chicken Penne Alfredo w/ Garlic Bread Crunchy Breaded Alaskan Fish Sandwich Fruit & Yogurt Plate PBJ Uncrustable Kit Choose: Broccoli Florets Carrot Dippers Side Salad</p>
14	15 NATIONAL	16 SCHOOL	17 LUNCH	18 WEEK
<p>Choose One: Dill Chicken Nuggets & Cheez-Its Pasta and Meatsauce w/ Garlic Bread Yogurt, Fruit, & Granola Parfait PBJ Uncrustable Kit Choose One: Sweet Potato Fries Farmstand Veggie Dippers</p>	<p>Choose One: Beef or Pork Tacos Mini Cheese Calzones Chicken Caesar Salad Any Timers Cheese Pizza Choose: Refried Fiesta Beans Marinara Sauce Cup NEW Triple Berry Blast Veg Juice Students May Only Choose One Juice Either Triple Berry or Tropical Fruit</p>	<p>Choose One: Tangerine Chicken w/ Rice & Fortune Cookie Macaroni & Cheese w/ Roll Apple A Day Salad Plate PBJ Uncrustable Kit Choose: Broccoli Florets House Mixed Side Salad</p>	<p>Choose One: Pizza Variety Crispy Chicken Sandwich Spicy Chicken sandwich Chicken BLT Salad Any Timers Turkey & Cheese Choose: Deli Roasted Potato Romaine Side Salad</p>	<p>Choose One: Bunch for Lunch Alaskan Fish Sticks & Tater Tots Basket w/ Goldfish Pretzels Fruit & Yogurt Plate PBJ Uncrustable Kit Choose: Crispy Tator Tots Carrot Dippers Side Salad Rice Krispies Mini Square</p>
<p>21 Choose One: Grilled Cheese Grilled Ham & Cheese Cherry Blossom Chicken w/ Lo Mein & Fortune Cookie Apple A Day Salad Plate PBJ Uncrustable Kit Choose: Tomato Soup Farmstand Veggie Dippers</p>	<p>22 Choose One: MaxSnax Cheese Quesadilla Chicken Cheese Quesadilla Meat Lovers Stromboli Chicken Caesar Salad Any Timers Cheese Pizza Choose: Green Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p>23 Choose One: Cheesy Bread Popcorn Chicken Bowl w/ Biscuit Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit Choose: Corn Niblets Mashed Potato & Gravy Marinara Sauce Cup</p>	<p>24 Choose One: Pizza Variety Chicken & Veg Dumplings w/ Chicken Stir-Fried Rice Chicken Caesar Wrap Any Timers Turkey & Cheese Choose: Broccoli Florets Romaine Side Salad</p>	<p>25 Choose One: Hamburger on a Bun Cheeseburger on a Bun Baja Fish Soft Tacos Fruit & Yogurt Plate PBJ Uncrustable Kit Choose: Country Baked Beans Carrot Dippers Side Salad</p>
<p>28 Choose One: Chicken Tenders & Waffles Cheese Pizza Crunchers Chicken BLT Salad PBJ Uncrustable Kit Choose: Corn Niblets Farmstand Veggie Dippers</p>	<p>29 Choose One: Cheese Max Sticks BBQ Pork & Cheese Nachos Crispy Chicken Wrap Any Timers Cheese Pizza Choose: Santa Fe Black Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p>30 Choose One: Teriyaki Beef Dippers w/ Rice & Fortune Cookie Corn Dog Fry Basket w/ Cheez-It's Crackers Yogurt, Fruit & Granola Parfait PBJ Uncrustable Kit Choose: Crinkle Crispy Fries House Mixed Side Salad</p>	<p>31 Choose One: Pizza Variety Breaded Chicken Drumstick w/ Macaroni & Cheese & Cheetos Baked Snacks Apple A Day Salad Plate Chicken Caesar Wrap Any Timers Turkey & Cheese Choose: Green Beans Romaine Side Salad</p>	

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